

January

Month

Alzheimer Awareness Month (National)
Ontario March of Dimes Month (Ontario)

Week

- Third week National Non-Smoking Week (National)

Day

- January 4 **World Braille Day**; (International)
- Wednesday of National Non-Smoking week Weedless Wednesday (National)
- January 27 Family Literacy Day (National)

February

Month

- Heart and Stroke Month (National)
- Psychology Month (National)

Week

- First Week - White Cane Week (National)
- First Week - Eating Disorders Awareness Week (National)
- First Week - **National Therapeutic Recreation Week** (National)
- Second Week - **Congenital Heart Defect Awareness Week**; National
- Tinnitus Awareness Week

Day

- **February 4 World Cancer Day**
- February 12 - **Sexual and Reproductive Health Awareness Day**; National
- February 15 **International Childhood Cancer Day**; International
- last day of February **Rare Disease Day**

March

- "Help Fight Liver Disease" Month
- National Colorectal Cancer Awareness Month
- National Epilepsy Month
- National Kidney Month
- National Nutrition Month

- Endometriosis Awareness Month
- **Easter Seals Month**; Ontario
- **Juvenile Arthritis Awareness Month**; National
- **Polio Awareness Month**; National

Week

- First Week - **Lymphedema Awareness Week**; National
- Second Week - Brain Awareness Week; International
- Second Week - **World Glaucoma Awareness Week**; International

Day

- March 3 - International Day for Ear and Hearing
- March 6 World Glaucoma Day
- second Thursday **World Kidney Day (WKD)**
- March 21 - World Down Syndrome Day
- March 24 - World Tuberculosis Day (International)
- March 26 **Purple Day (Epilepsy)**; International;

April

Month

- Daffodil Month: Cancer Awareness (National)
- Irritable Bowel Syndrome (IBS) Awareness Month (National)
- Occupational Therapy Month
- National Oral Health Month (National)
- Parkinson Awareness Month (National)

Week

- Fourth week - National Immunization Awareness Week
- Fourth Week - National Organ and Tissue Donor Awareness Week(National)

Day

- April 1-2 Light it Up Blue (Raising awareness of autism)
- 2 [World Autism Awareness Day](#)
- 7 [World Health Day](#)
- 11 World Parkinson's Disease Day
- 17 [World Hemophilia Day](#)
- 25 [World Malaria Day](#)

May

Month

- Pediatric Stroke Awareness Month
- Mental Health Awareness Month
- Cystic Fibrosis Month (National)
- Foot Health Awareness Month
- Hepatitis Awareness Month
- **Hemochromatosis Awareness Month**; National
- Huntington's Disease Awareness Month
- Medic Alert Month (National)
- Multiple Sclerosis Awareness Month(National)
- National Physiotherapy Month
- **Neurofibromatosis Awareness Month**; National
- Speech and Hearing Awareness Month
- **National Asthma Awareness Month**; National
- **Blood Pressure Month**; National
- **Celiac Awareness Month**; National
- **Community Living Month**; Ontario
- **Vision Health Month**; National

Week

- First Week **Allergy Awareness Week**; National
- First Week - Spinal Health Week (national)
- First Week - National Mental Health Week (National)
- Second Week - North American Occupational Safety and Health Week (North America)
- Second Week **Esophageal Cancer Awareness Week**; Ontario
- Second week - **Oral, Head and Neck Cancer Awareness Week**; Canada
- Fourth week – National Access Awareness Week
- First Week National Hospice Palliative Care Week (National)

Day

- 4 Annual Hike for Hospice Palliative Care
- May 6 - International Awareness Day for Osteogenesis Imperfecta (Brittle Bones)
- first Tuesday World Asthma Day
- May 8 - **International Thalassemia Day**; International;
- May 10 - **World Lupus Day**; International
- May10 WHO, Move for Health Day
- 12 Canada Health Day
- 12 Fibromyalgia and Chronic Fatigue Syndrome National Awareness Day (International)

- May 18 **World AIDS Vaccine Day** (also known as **HIV Vaccine Awareness Day**)
- May 18 - International AIDS Candlelight Memorial
- May 20 - **World Autoimmune Arthritis Day**; International
- May 25 **World MS Day**; International
- May 29 World Digestive Health Day (WDHD)
- May 31 **World No Tobacco Day** (WNTD)

June Calendar of Events

Month

- ALS Awareness Month (Lou Gehrig's Disease)
- **Brain Injury Awareness Month**: National
- **Deaf-Blind Awareness Month**: Ontario
- **International Men's Health Month**; International
- National Spina Bifida and Hydrocephalus Awareness Month (National)
- **Thyroid Awareness Month**; National
- Stroke Awareness Month

Week

- Second Week – International Men's Health Week (International)

Day

- 1 National Cancer Survivors Day
- First Sunday - **National Cancer Survivors Day**; National
- June 8 World Brain Tumor Day
- 14 World Blood Donor Day
- 18 Autistic Pride Day
- 19 World Sickle Cell Day
- June 21 - **ALS/MND Global Awareness Day**; National
- 26 International Day against Drug Abuse and Illicit Trafficking

July

Month

- Fragile X (FXS) Awareness Month

Day

- **July 28 World Hepatitis Day**,(international)

August

September

Month

- **Addiction Recovery Awareness Month:** Ontario
- **Childhood Cancer Awareness Month;** International;
- **Men's Cancer Health Awareness Month ;** National
- National Arthritis Month (National)
- Ovarian Cancer Month (National)
- **Thyroid Cancer Awareness Month;** International

Week

- Third week - Prostate Cancer Awareness (National)

Day

- First Tuesday – World Cerebral Palsy day; International
- September 8 - International Literacy Day, recognized by the UN
- September 8 - World Physical Therapy Day
- September 9 - **International Fetal Alcohol Spectrum Disorder Awareness Day;** International
- September 10 - World Suicide Prevention Day
- September 13 - **Alzheimer Coffee Break Day;** National
- Second Sunday **Terry Fox Run;** National
- September 21 - World Alzheimer's Day
- September 25 - Ataxia Awareness Day
- Fourth Sunday **AIDS Walk Canada;** National;
- September 29 - [World Heart Day](#)

October

MONTH

- **Autism Awareness Month;** National
- **Brain Tumour Awareness Month;** National
- **Breast Cancer Awareness Month;** National
- **Community Living Awareness:** National;

- **Community Support Month**; Ontario
- **International Augmentative and Alternative Communication (AAC) Awareness Month**; International
- **Influenza Immunization Awareness Month**; National
- **Eye Health Month**; National
- **Innovation in Eye Care Month**; National
- **Learning Disabilities Awareness Month**; National
- **Lupus Awareness Month**; National
- **National Flu Prevention Awareness Month**; National
- **Celiac Awareness Month**; National
- **Healthy Workplace Month**; National

Week

- 1st Week **Mental Illness Awareness Week**; National
- 2nd week **OCD Awareness Week**; International
- Beginning the last Sunday - **International Brain Tumour Awareness Week**; International

Day

- October 1 - **International Day for Older Persons**; International;
- October 8 - **World Hospice and Palliative Care Day**; International
- October 10 - **World Mental Health Day**; International
- October 13 - **Metastatic Breast Cancer Awareness Day**; International
- Second Thursday of October - **World Sight Day**; International
- October 15 - **Global Hand Washing Day**; International
- October 20 - **World Osteoporosis Day**; International
- 3rd Sunday - **National Psoriasis Walk**; National
- October 22 - **International Stuttering Awareness Day**; International
- October 29 - **World Stroke Day**; International

November

- Amaryllis Month; National
- CPR Awareness Month
- Crohn's Disease and Colitis Awareness Month; National
- Diabetes Month; National
- Incontinence Awareness Month; National;
- Lung Cancer Awareness Month; National
- Movember (Prostate Cancer Awareness); National
- Osteoporosis Month
- Pulmonary Hypertension Awareness Month; National
- Pancreatic Cancer Awareness Month; National
- Christmas Seal Campaign; National

Week

- 1st Wk National Down Syndrome Awareness Week; National;
 - 1st Wk Pan-Canadian Paralympic School Week; National;
 - 2nd Wk National Addiction Awareness Week; National;
 - 3rd Wk Drug Awareness Week; Ontario;
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- November 10 - World Immunization Day
 - November 12 World Pneumonia Day
 - November 14 World Diabetes Day

December

- December 1 World AIDS Day
- December 3 - International Day of Persons with Disabilities
- December 10 - Human Rights Day

Further list is available at

<http://www.disabled-world.com/disability/awareness/awareness-dates.php>

NOTE this is a US site so National Months/weeks/Days may differ