

# Middlesex London Food Policy Council

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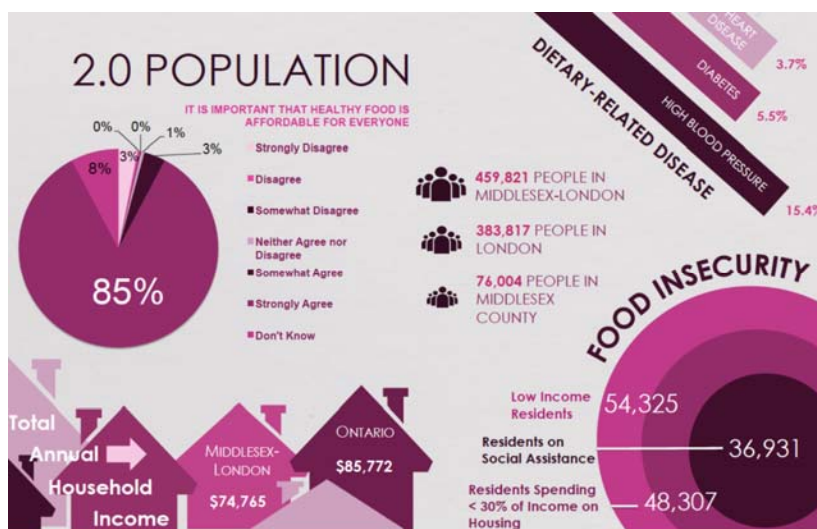


## Goal

To facilitate and support a safe, healthy and accessible local food system that is socially, economically, and environmentally sustainable.



## Food Assessment Report 2016 Research - our starting point



## Food Assessment Report 2016 Nutritious Food Basket: Middlesex London Affordability

Table 8: Monthly Income and Cost of Living Scenarios in Middlesex-London (Source: Middlesex-London Health Unit, 2015)

|                                       | Single Man on Ontario Works | Single Man on ODSP | Single Woman Over 70 (Old Age Security/ Guaranteed Income Security) | Family of 4 Ontario Works | Family of 4 Minimum Wage Earner | Family of 4 Median Income (after tax) |
|---------------------------------------|-----------------------------|--------------------|---|---------------------------|---------------------------------|---------------------------------------|
| Income (Including Benefits & Credits) | \$740                       | \$1193             | \$1544  | \$2196                    | \$2882                          | \$6952                                |
| Estimated Rent*                       | \$616                       | \$788              | \$788   | \$1175                    | \$1175                          | \$1175                                |
| Food (Nutritious Food Basket)         | \$290.09                    | \$290.09           | \$210.02  | \$860.67                  | \$860.67                        | \$860.67                              |
| What is Left**                        | -\$166.09                   | 114.91             | \$545.98  | \$160.33                  | \$846.33                        | \$4916.33                             |

\* Rental estimates are from *Canadian Mortgage and Housing Corporation Rental Market Statistics, Spring 2015*. Utility costs may or may not be included in the rental estimates.

\*\* People still need funds for utilities, phone, transportation, cleaning supplies, personal care items, clothing, gifts, entertainment, internet, school supplies, medical and dental costs and other costs.

## Food Assessment Report 2016 Food Waste Management



## Highlights 2018

### 4 public events in early 2018:

- ▶ Barriers to local food procurement for institutions
- ▶ Beyond Waste Food Recovery and Redistribution Forum
- ▶ Food Literacy Action Group networking event
- ▶ Inaugural Annual General Meeting, including presentation of Food Champion Awards

## Strategic Plan 2018-2021

|            |   |
|------------|---|
| Priority 1 | Building Council Strength                       |
| Priority 2 | Defining shared language and metrics            |
| Priority 3 | Developing information repository               |
| Priority 4 | Building pathways to affect food policy changes |



## Questions?

Please direct your inquiries and requests to attend council meeting as a presenter or as interested community member to [info@mlfpc.ca](mailto:info@mlfpc.ca)

