

The Age Friendly London Action Plan 2017 - 2020

#### **Our Aging Population**

- Older adults (65+) outnumber children (0-14) for the first time in our history
- The seniors' population (age 65+) increased from 14.7% in 2011 to 16.6% in 2016.
- The largest increases in population growth were in the 65 to 69 and 70 to 74 years old age groups



## **Age Friendly London Progress**









June 2016

2013 – 2016 Action Plan Completed

- 97% of strategies completed or ongoing
- Network membership grew by 100 people

October 2016

Impact Assessment Completed

- Progress on indicators across 8 domains
- High rating of QoL
- Areas for further work identified

Dec 2016 – May 2017

New Action Plan Developed

- Community conversation
- Action Planning Sessions
- Public Feedback
- Focus Groups

May 30 2017

AFL Action Plan 2017-2020 endorsed by AFLN

- Contains strategies across eight focus areas
- Also has five overarching Network Strategies

# Strengthen the AFLN Engage & Empower ALL Older Adults Use Research to Create Impact Capture Emergent Opportunities

# The Eight Focus Areas

Strategies & Actions



# Age

# **Outdoor Spaces & Buildings**

Strategy 1: Influence neighbourhood design to support aging in place.

Strategy 2: Increase the age friendliness of parks, pathways, and trails.

Strategy 3: Promote existing age friendly programs and amenities.





#### **Transportation**

Strategy 1: Engage older adults in the planning and development of transportation initiatives.

Strategy 2: Improve the accessibility of city roads & sidewalks.

Strategy 3: Increase engagement of older adults within neighbourhoods to develop and promote active transportation initiatives.

Strategy 4: Improve accessibility of public transit.

Strategy 5: Improve transportation options for older adults across the city.

Strategy 6: Enhance access to transportation information.





### Housing

Strategy 1: Raise awareness of housing options available for older adults.

Strategy 2: Support and empower older adults to age in place with dignity.

Strategy 3: Educate housing providers about the need for increased appropriate housing stock for older adults.









#### **Social Participation**

Strategy 1: Build strong partnerships among organizations to enhance social opportunities.

Strategy 2: Reduce barriers to participation in recreation and social opportunities for older adults.

Strategy 3: Promote the benefits of older adults participating in meaningful activities.









## Respect & Social Inclusion



Strategy 1: Reframe how older adults are portrayed and celebrate their contributions in our community.

Strategy 2: Increase and promote quality intergenerational opportunities that are mutually beneficial.

Strategy 3: Empower older adults to have a voice in their own advocacy.



#### **Employment & Volunteerism**

Strategy 1: Improve access to information about employment opportunities for older job seekers.

Strategy 2: Increase meaningful volunteer opportunities for older adults.

Strategy 3: Increase skill building opportunities for older adults.







#### **Communication & Information**

Strategy 1: Communicate and promote the work and accomplishments of the Network.

Strategy 2: Promote resources and tools that support our community to better serve older adults.







# Age

#### **Community Supports & Health Services**

Strategy 1: Reduce barriers that older adults experience with finding and using healthcare services and community supports.

Strategy 2: Improve awareness of existing programs and services that support healthy aging.

Strategy 3: Improve awareness and availability of services and supports for caregivers.



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#### **Next Steps**

- Groups will develop implementation plans
- Will identify timelines, lead and partner agencies, resources needed
- Also identify strategies that will require collaboration between groups

