

Mercier, Betty

From: Matt Millar
Sent: Sunday, April 22, 2012 11:56 PM
To: Mercier, Betty
Subject: Civic Works Committee Meeting, Item #3

Betty. Please attach this note to the agenda for the Civic Works Committee meeting, item #3 for the public record.

I have many objections to the addition of fluoride to a population's water supply. Of all the arguments against water fluoridation, there is one that is indisputable: adding hydrofluorosilicic acid to the water supply is indiscriminate mass-medication. No ifs, ands, or buts. Who controls or monitors the dose each person receives? Nobody. Who determines if someone will be harmed by this additive? Nobody. For this reason alone, the practice of water fluoridation is inhumane. If a doctor handed out a collection of pills to each and every person who walked into his office, regardless of sex, age, or health, and forced them to take these pills, with no directions or warnings, he would not last very long. Why is this practice permitted, even praised, when it comes to the thing no human being can survive without? Our water.

Recent studies have shown that the application of fluoride to the surface of teeth has marginal, if any benefit. The protective layer formed is only 6 NANOMETERS thick (you would need 10,000 of these layers to equal the width of a strand of hair). Add to this, the fact that the ingestion of fluoride actually causes the destruction of teeth in the form of dental fluorosis, and who could think that drinking fluoride is a good thing???

(source: <http://www.ncbi.nlm.nih.gov/pubmed/21090577>)

Even the CDC and ADA have put out warnings against the ingestion of fluoride!
(<http://articles.mercola.com/sites/articles/archive/2010/11/13/cdc-and-ada-now-advise-to-avoid-using-fluoride.aspx>)

Please make the sane choice, and stop the mass-medication of our city!

Sincerely,

Matthew Millar
7334 Longwoods Road
London, ON

And for your own knowledge, check out this doctor's website with endless articles on the possible dangers of ingesting fluoride: <http://search.mercola.com/search/Pages/results.aspx?k=fluoride>