Mary Burden 316 Griffith Street London, ON N6K 2R7

April 29, 2012

To: The Mayor and Councillors of the City of London

Thank you for reading the following memo concerning toxic waste fluoridation. We appreciate your time.

We respect and understand that you are concerned about ensuring the disadvantaged have proper dental care. We understand that this is the only reason for fluoridating our water. In the past, we were told that toxic waste fluoridation was a safe solution. The problem now is that after doing the research, millions of people across the country have found problems with using toxic waste fluoride and we are really concerned that there are no safety studies.

There are solid alternatives. The staff report at the CWC has given cost estimates of three alternatives for providing free toothpaste and brushes to the disadvantaged as alternatives. Also a fourth option would be to use existing food banks, other community service centres, etc. located across the city for the distribution of these dental hygiene products along with flossing devices and brochures on using them, material and meetings on good diet practices, and on accessing treatment via CINOT and Healthy Smiles.

The clincher for many to end fluoridation was at the January 25th meeting when Dr. Bryna Warshawsky verified that the only way fluoride works is if it is applied directly to the teeth. That is what should be happening. Based on this it seems redundant to have to keep repeating the other concerns around toxic waste fluoridation except to highlight what a mistake this decision was from the beginning. I know the bad decisions made in the past are not your fault, but it has fallen in your lap to fix this one in London.

Hydrofluorosilicic acid is a toxic waste that cannot be put into our rivers or lakes yet it is put it in our drinking water. However, only about 1% of the water we fluoridate is ingested by Londoners and the remaining 99% is used for dishes, laundry, showers, swimming pools, our lawns etc. and goes down the drain and into the environment. For as long as we have been fluoridating, this toxic waste has been dumped into the environment. So we are in fact adding to the stress in our rivers and lakes and breaking environmental laws.

Dan Huggins has explained that the NSF 60 Certificate "requires toxicology/safety studies" for long term use of HFSA. Based on the foregoing statement, he must have assumed a study was done. However, he obviously never did his due diligence by asking to see these studies as myself and others have done. When we searched, called and investigated all over North America, we found THERE ARE NO TOXICOLIGY/SAFETY STUDIES for HFSA. Dan didn't know this. All of us rely on him. This is not acceptable.

This issue now involves trust and integrity in leadership. The decision is yours. Please remember you have been given the honor and privilege of making this decision by doing your due diligence for those who have trustingly and respectfully elected you. We elected you to be our voice and protectors and this is an issue that affects the health and well-being of every citizen in London. Some of you say that you will go with the decision of the Medical Officers of Health but they are not willing to do their due diligence even when told there are no safety studies. Ultimately they are not responsible for the decision to use toxic waste fluoride. They endorse it, but they can't approve it because there are no safety studies to approve. You are responsible for this decision now. And there are no safety studies for you to examine.

Furthermore, you are the only ones legally liable. Health Canada, Dr. Arlene King and our Medical Officers of Health only recommend. They have no legal responsibility. I hope you understand the implications of this. Health Canada is not legally responsible for making this decision. You are. Anyone who votes to keep fluoridating in my mind, has not done their due diligence because once you go down that rabbit hole, there is no turning back.

In closing, the only reason we are using toxic waste fluoride in our water is to protect the teeth of poor children who lack the resources to obtain proper dental care. I don't think giving unsafe drinking water to the poor, or anyone in London, is looking after them especially when Health Canada just announced that fluoride is unsafe for infants. That final statement is your red flag. Think about where this is going. Please vote to cease fluoridation. Thank you.

Best regards Mary Burden