

Mercier, Betty

From: Nancy Warren
Sent: Sunday, April 22, 2012 12:05 PM
To: Mercier, Betty
Cc: Judy Bryant
Subject: Fluoridation: Addendum to the agenda for the Civic Works Committee meeting, item #3 for the public record.

Betty.

Please attach this note to the agenda for the Civic Works Committee meeting, item #3 for the public record."

TO: Civic Works Committee on Water Fluoridation: PLEASE READ

Effective January 1, 2013, changes to the Safe Drinking Water Act will render mayor and councillors personally and financially liable should it be borne out that fluoridation of the City's water supply is harmful. Please act on suspending water fluoridation until authoritative studies prove it is both effective AND safe for all.

There are good reasons to have serious concerns around the practice of water fluoridation in the City of London:

1) There are *no evidence-based toxicology studies* produced by reputable research bodies to support beneficial claims of water fluoridation

* Oddly enough, despite claims to the contrary, neither Health Canada nor our own local Medical Health Officer seem able to produce documentation of their claims.

2) There is no proof that water infused fluoride is effective in protecting either adult or children's teeth

* Leading dental associations have stated that fluoride is *ONLY effective through direct topical application in the form of sodium fluoride and that it has no effect once swallowed"*

* *Fluoride is only effective after eruption of new teeth in children. It does nothing to prevent 'baby bottle rot' or early childhood caries*

In fact, only a few weeks ago CBC News interviewed dentists who reported that there was a seriously higher incidence of caries in children in the Toronto central area! Curiously, there was no reference to this being proof positive of fluoridation being either a failure OR an effective defense against the true cause of caries infants:

This is what the ASPD has to say: The American Society of Pediatric Dentistry says that frequent consumption of liquids containing fermentable carbohydrates (e.g., juice, milk, formula, soda) increases the risk of dental caries due to prolonged contact between sugars in the liquid and cariogenic bacteria on the teeth.

* Public education against *high sugar content in children's drinks* might be 100X more effective than dumping fluoride in our water!

3) There is *nothing* to support *lack of any deleterious effects* on the citizenry.

* It HAS been proven that overconsumption of fluoride can lead to dental fluorosis and skeletal fluorosis and that fluoride itself, in young children, can be fatal.

*What IF overconsumption of fluoridated water does indeed contribute to other physical problems such thyroidism, arthritis and brittle bones as now being investigated? Many health regimens advise us to drink copious amounts of water, some diets call for 8 glasses of water a day. This exceeds recommended safe amounts.

4) Many citizens will be outraged when they learn that the fluoride being dumped into our water is NOT pharmaceutical grade fluoride NOR is it derived from naturally leached waters. Instead it is a compound called hydrofluorisylicic acid which is obtained as an *industrial off-product* and is otherwise viewed by the EPA as *toxic waste*.

Sincerely,
Nancy Warren
239 Riverside Drive
London Ont.
N6H 1E7