From: "Sue Clifford"

Date: May 1, 2016 9:10 PM

Subject: Resignation To: "gordonsaylor Cc: "Jared Zaifman"

## Gord,

I am very sorry to have to send this message. I much regret doing this, but I must resign my position with the Board of LMHC.

You may recall, I did not intentionally apply to be on the Board. I thought I was applying for an advisory committee. I know from past experience that I do not excel in a Board Role. I much prefer front-line volunteer work. But I wanted to take on this challenge and do my best.

Unfortunately, I have experienced many stressful events in my life over the past several months and I need to reduce my workload and responsibilities in order to manage better. Although I enjoy being part of LMHC I do feel significant stress over the decisions that need to be made and do not feel that I can contribute in a way that I feel is meaningful.

I admire and respect the work that you and all the LMHC Board members do and I will miss working with you all.

Thank you for your guidance and leadership.

Sue Clifford