ACCAC – Mental Health Working Group (MHWG) MEETING REPORT Thursday, Feb 4, 2016

Present: J. Sanders, F. de Lasa, M. Dawthorne, M. Cairns

Start: 5:00pm

Discussed the scope and potential broad nature of this working group.

Identified 3 areas of focus in which to make recommendations;

- Internal operations (staffing, hiring, workplace, etc);
- Service Delivery/interaction (community programs, rec, info counters, etc); and
- External (broader stigma reduction, community partnerships, lobbying other levels of government)

Decided to largely mirror the MAPOP report for format. (outline attached)

Group determined we would seek to gain input from the community, including community partners, to gather feedback and formulate recommendations. This will be both through survey and invitations to attend MHWG meetings

All members are encouraged to participate in the MHWG. If unable to attend the meetings, provide feedback on recognized barriers, or suggested strategies/recommendations the final report could include.

Member in attendance at the first meeting chose Michael Dawthorne to lead the group. **Motion**: Michael Dawthorne be appointed lead on the MHWG.

Adjourned:6:40pm

Report Template

- 1. Background Commentary (History, how did we get here)
- 2. State of Mental Health in Our City
 - Statistics
 - Rationale for initiative (e.g. Money)
- **3. Three Types of Support** (explanations, definitions)
 - 1) Internal
 - 2) Service delivery/interactions
 - 3) External
- 4. Recommendations for **Internal Support**
 - Short Term
 - Long Term
- 5. Recommendations for Service Support
 - Short Term
 - Long Term
- 6. Recommendations for External Support
 - Short Term
 - Long Term
- 7. Summary