

Committee: **Accessibility Advisory Committee**

Organization/Sector represented: **Independent**

Name: **Stephanie McKee**

Address:

358 Barker

ON

N5Y5G2

Occupation: **Public Health Nurse**

Work experience: **As a newly graduated nurse employed in public health, I currently work with at risk families of children under school age. The majority of the families I serve live in poverty, suffer from physical and mental disabilities, have experienced abuse, or are new immigrants. I visit these families in the community at their place of residence, whether this be in a house, apartment, or homeless shelter. I work with these families to identify barriers that make it difficult to achieve health and well-being, particularly those barriers that hinder children's growth and development. My work allows for close collaboration with professionals from other community agencies who share similar goals such as social workers, family doctors, pediatricians, child protection workers, teachers, and mental health workers. I was also employed as a peer leader in public health throughout my secondary school years, working on advocacy campaigns that ultimately led to provincial legislation under the Smoke-Free Ontario Act and municipal bylaws such as smoke-free parks and other public places. My volunteer and student nursing placement work experiences include the Regional Mental Health Centre, London Health Sciences Centre, Mind Your Mind, and the Children's Aid Society.**

Education: **After graduating from Western University in April of 2014 with a Bachelor of Science in Nursing, I successfully passed the Canadian Registered Nurse Exam and became licensed with the College of Nurses of Ontario in June of this year. In addition to being CPR certified, I have completed training in paediatric advanced life saving and suicide prevention.**

Skills: **As an individual recovering from mental illness my experience has helped me develop specialized knowledge into the everyday plights associated with navigating the mental health care system and the city resources. My education and work with the vulnerable sector has also contributed to this specialized knowledge. My clients include those living on ODSP due to both physical and mental illness. I am also well versed in how to find and read valid literature and evidence of best practices. Being welcomed into the lives of my clients and working with professionals from other disciplines has granted me with opportunities to view circumstances from alternative and empathetic perspectives. I am in an opportune position to receive feedback on the city resources. In working and volunteering with clients that have a vast variety of needs, I have learned to tailor my communication style to meet their learning needs. My work on various advocacy committees has allowed me to develop leadership skills that include moderating conflicts, public speaking, and active listening; I am also known to be a team player.**

Interest reason: **In working so closely with the vulnerable sector, I have been granted the privilege of seeing our city from a variety of perspectives. Many of my clients cannot communicate their needs for themselves and I see it as my duty to make their voice heard to decision makers and others in power. An increasing amount of attention has been placed on the under representation of women in all levels of politics. As a young woman I believe becoming active member of the Child Care Committee may help me develop the self-confidence and networks needed to become more politically involved in my community.**

Contributions: **challenges faced my clients that I have previously mentioned, I believe my youth will prove to be an asset to this committee. My youth will help to bring fresh ideas, including the use of social media as a means of connecting with the public.**

Past contributions: **Volunteering with Mind Your Mind, a local non-profit mental health program, I was part of a production that created a public service announcement that aired on television networks across Ontario. Our mission was to raise awareness regarding how to help a friend suffering from mental illness. Additionally, working as a peer leader while completing my education, I sat on various committees focused on the topic of advocacy**

against the tobacco industry. While I worked on many campaigns, I led a campaign advocating for the ban of flavoured tobacco products. I worked with my colleagues on a campaign that included public education and raising awareness as well as creating new policy. Bill 131 was recently introduced in Ontario calling for the ban of flavoured tobacco products.

Interpersonal: As a nurse, I have to communicate health care recommendations while considering the learning styles, communication needs, and cultural sensitivities of my clients. This requires active listening skills to develop an understanding of their perspectives. The nursing profession is different from other health care professions in that we have adopted a more holistic approach to health than the traditional medical model valued by other professions and western society. Collaborating with clients and other professions has helped me see the importance in addressing conflict forthright and engaging in the process of compromise.

Interview interest: Yes