TO: CHAIR AND MEMBERS
COMMUNITY and PROTECTIVE SERVICES COMMITTEE
MEETING ON OCTOBER 20, 2015

FROM: LYNNE LIVINGSTONE
MANAGING DIRECTOR
NEIGHBOURHOOD, CHILDREN AND FIRE SERVICES

SUBJECT: AGE-FRIENDLY LONDON YEAR TWO PROGRESS REPORT

RECOMMENDATION

That, on the recommendation of the Managing Director of Neighbourhood, Children and Fire Services, this report BE RECEIVED as information.

PREVIOUS REPORTS PERTINENT TO THIS MATTER

- Report to the Creative City Committee, April 27, 2010
- Report to the Community and Neighbourhoods Committee, June 14, 2011
- Report to the Community Services Committee, October 22, 2012, Age Friendly London Three Year Action Plan
- Presentation to the Community and Protective Services Committee, February 18, 2015, The Age Friendly London Network

BACKGROUND

The Age Friendly London Network

The Age Friendly London Network (AFLN) is a community-based network of volunteers responsible for implementing the Age Friendly London: Three Year Action Plan. The AFLN is comprised of eight working groups: 1. Outdoor Spaces & Buildings; 2. Transportation; 3. Housing; 4. Social Participation; 5. Respect & Social Inclusion; 6. Civic Participation & Employment; 7. Communication & Information; 8. Community Supports & Health Services. The City of London provides the backbone support to the AFLN, which includes day-to-day management and administrative support.

The AFLN currently has 122 working group members including representatives from 80 organizations, agencies, and businesses. In June 2015, the AFLN celebrated the end of its second year of implementing the Three Year Action Plan. The Action Plan will reach the end of its three year term in June 2016, after which a new Age Friendly London Plan will be developed.

Highlights of Year Two Accomplishments:

- Installed 31 new Age-friendly benches (with arms) in parks and along trails in 2014-2015.
- Developed new directional signage and new guidelines for way-finding in parks and along trails.
- Developing a multi-language guide to help older adults and newcomers use the London bus system (ongoing).
- Held London Transit Town Hall meetings and encouraged older adult participation.
- Released new Social & Affordable Housing Directory for Seniors.
- Collaborated with the Centre for Equality Rights in Accommodation to hold workshops on housing rights for seniors.
Helped plan and implement the Age Friendly London Conference, hosted by the Council for London Seniors.

Expanded Third Age Outreach programs into seniors buildings.

Acknowledged and honoured local seniors through the Ontario Seniors’ Achievement Award, Volunteer Service Award, and other awards.

Educated service providers on how to effectively connect with older adult audiences through information resources like the SouthWestHealthline.ca, Information London, The Seniors Helpline, and 211 Ontario.

Monitoring the implementation of the Senior Friendly Hospital Framework and strengthening connections to care provision in the community such as Behavioural Supports Ontario.

Age Friendly London Evaluation Project

In addition to continuing to implement Action Plan strategies in 2015-2016, the AFLN will also begin an evaluation of the Age Friendly London initiative. The City of London received $49,518 in funding from the Ontario Seniors’ Secretariat Age-Friendly Community Planning Grant to conduct an evaluation of the impact of the Action Plan on the age-friendliness of London. The evaluation will also assess the efficacy of the AFLN structure and process. Evaluation activities will begin in September 2015 and will be concluded by March 2017. The results of the evaluation will be used to inform the development of a new Age Friendly London Action Plan for 2017 and beyond.

How does the Age Friendly London Network and the Three Year Action Plan support the City of London’s Strategic Plan 2015-2019?

The Age Friendly London initiative contributes to the strategic area of “Strengthening our Community”. The implementation of the Age Friendly London Action Plan supports the strategies of creating “Caring and Compassionate Services” and a “Healthy, Safe and Accessible Community” identified in the Strategic Plan. Specifically, The Age Friendly London Action Plan addresses the need to “Eliminate barriers for individuals facing poverty, mental health and addictions and help them find pathways to be successful” and “Support all Londoners to age well and have opportunities to reach their full potential”. The AFLN works towards these goals through activities including, but not limited to:

- Advocating for affordable housing options for seniors.
- Created an inventory of employment resources for mature workers, in partnership with employment support agencies.
- Shared “Stop Ageism” messaging through public education and community events.
- Supporting seniors to be healthy and physically active in partnership with Middlesex-London in motion™ and the Middlesex-London Health Unit.
- Developing an Age Friendly Business Checklist and Resource Guide to encourage businesses to improve accessibility, safety, and overall age-friendliness.

A copy of the Year Two Progress Report will be provided to Committee members at Community and Protective Services meeting.

FINANCIAL IMPACT

The strategies in the Action Plan were designed to be no-cost or low-cost, and the work of the AFLN is completed with in-kind contributions of time, resources, and expertise from Network members. The Age Friendly London Evaluation Project is fully funded by the Age-Friendly Community Planning Grant.
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