

1ST REPORT OF THE
ACCESSIBILITY ADVISORY COMMITTEE

Meeting held on January 26, 2012, commencing at 3:10 p.m.

PRESENT: B.Quesnel (Chair), M. Anderson, C. Bailey, M. Dawthorne, K. MacDonald, A. Rinn and J. Martin, Committee Secretary.

ALSO PRESENT: R. Campbell.

REGRETS: K. Bogema, R. Buttigieg, R. MacLachlan and P. Mutinda.

I YOUR COMMITTEE REPORTS:

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| Emergency Preparedness | 1. That the Accessibility Advisory Committee (ACCAC) received the <u>attached</u> presentation from C. Donnelly, Program Coordinator, Independent Living Centre London & Area, with respect to emergency preparedness. |
| Accessible Cab Performance Review | 2. That the Accessibility Advisory Committee received a verbal update from O. Katolyk, Manager II, By-law Enforcement, and held a general discussion with respect to the Accessible Cab Performance Criteria the following points were noted:

(a) Civic Administration will compile a statistical report on the number of accessible rides to be completed in late 2012;
(b) all concerns with respect to accessible cab should be directed to O. Katolyk; and,
(c) O. Katolyk will arrange to have an MV-1 Accessible Cab available for viewing at a future meeting. |
| Policy Development Sub-Committee | 3. (a) That the Accessibility Advisory Committee received the <u>attached</u> report and heard a verbal update from A. Rinn, on behalf of the Policy Development Sub-committee; it being noted A. Rinn will invite S. Maguire to the February meeting of the Policy Development sub-committee to discuss accessible parking enforcement. |
| Education and Awareness Sub-Committee | 4. (b) That the Accessibility Advisory Committee received the <u>attached</u> reports and heard a verbal update from M. Dawthorne, on behalf of the Education and Awareness sub-committee. |
| Block Parent Program | 5. (Added) That the Accessibility Advisory Committee (ACCAC) held a general discussion with respect to the proposed changes noted for the Block Parent Police checks. The ACCAC requested that the Community Services Committee, and Municipal Council, be made aware of the ACCAC's concerns with respect to this matter. |

6. That the Accessibility Advisory Committee received and noted the following:

10th Report of
the ACCAC

(a) (1) the 10th Report of the Accessibility Advisory Committee from its meeting held on November 24, 2011;

Adoption of
FADS
Document -
Lady of
Canada
Church,
Mindemoya,
Ontario

(b) (2) a communication dated January 11, 2012, from B. Campbell, Division Manager, Facilities Design and Construction, with respect to the adoption of the Facilities Accessibility Design Standards (FADS) by Lady of Canada Church, Mindemoya, Ontario, as a design aid and guide; and,

Adoption of
FADS
Document -
Centennial
College,
Toronto,
Ontario

(c) (3) a communication dated January 11, 2012, from B. Campbell, Division Manager, Facilities with respect to the adoption of the Facilities Accessibility Design Standards (FADS) by Centennial College, Toronto, Ontario, as a design aid and guide.

Next Meeting

7. That the Accessibility Advisory Committee will hold its next meeting on February 23, 2012.

The meeting adjourned at 4:35 p.m.

Emergency Preparedness for People with Disabilities / Special Needs

- Emergencies can strike any community at any time with varying degrees of danger. By being aware and prepared, you can better protect yourself and loved ones.

There are many different possible emergencies:

- Blackout
- Blizzard or other types of storms
- Flood
- Hazardous materials spills
- Industrial accident
- Infectious disease outbreak
- Transportation accident
- and more.

- When an emergency happens, it is important to be prepared. For those of us with disabilities and special needs, it is particularly critical that we have a plan and emergency measures already in place.
- From evacuations to medications, from temporary accommodations to supplying power for assistive devices and more, there are many things we need to consider when creating an emergency preparedness plan.

Be Aware

- Find out what sort of emergencies could happen in your community.
- Anticipate what could go wrong in your home during an emergency and try to prevent it.
- Learn about community emergency plans, also those at your workplace and child's school.
- Avoid potential situations (heed weather warnings, etc.)
- Know where to find other community and national resources.

Be Prepared

- Develop an emergency plan now and practice it. Prepare an emergency survival kit before you need one!
- Your plan should allow you to be self-reliant for at least three days. During an emergency, we cannot be assured that government services will be available.

Emergency Plan

- ✓ Plan an emergency exit from your home, do not plan for elevators
- ✓ Identify an escape route from your neighbourhood
- ✓ Decide on a safe meeting place
- ✓ Establish a personal support network
- ✓ Identify an out-of-town contact person
- ✓ Practise and update every 6 months. Discuss what you would do in different situations.

Emergency Survival Kit

This general list contains suggested items everyone should have in their kit. It should be kept in an easily accessible location and enable you to be self-reliant for a minimum of three days.

- ✓ Flashlight and batteries, radio and batteries or crank radio, spare batteries
- ✓ Candles and matches or lighters
- ✓ Extra car keys and cash, cell phone
- ✓ Important papers, identification, important phone numbers
- ✓ Non perishable food, bottled water, manual can opener, eating utensils
- ✓ Clothing and footwear
- ✓ Blankets, sleeping bags
- ✓ Toilet paper, other personal items
- ✓ First aid kit, medication, MedicAlert bracelet or identification
- ✓ Backpack or duffle bag
- ✓ Whistle (to attract attention, if needed)
- ✓ Playing cards, book, pens and pencils

Service Animals

Those with a service animal should prepare a second emergency kit containing items such as:

- Minimum three day supply of bottled water and pet food
- Portable bowls, can opener, paper towels, plastic bags
- Medications, medical records, name and contact information of your veterinarian, copy of licence (if applicable)
- Leash, harness, muzzle (if applicable)
- Blanket, favourite toy
- Current ID tag with your phone number and name/number of your vet (microchipping recommended)
- Current photo (in case they get lost or separated from you)

For family pets, you should have arrangements for their care in the event you must evacuate to an emergency shelter. Your kit for pets should include the above items plus the following if applicable:

- Carrier, litter pan, litter, scooper, etc.

Mobility Considerations

If you use a mobility device such as a wheelchair, walker, scooter, crutches or cane, consider the following where applicable:

- When going through your emergency plan, ask your network to practice moving your equipment.
- Request that an emergency evacuation chair be stored near a stairwell on the same floors where you work and live.
- Find out if emergency evacuation shelters are wheelchair accessible.
- Make a back-up plan to ensure any life-sustaining equipment will remain operable in an emergency.

Include any of the following in your emergency survival kit, if needed:

- Tire patch kit, can of seal-in-air product, inner tubes
- Heavy gloves, latex-free gloves
- Spare deep-cycle battery for wheelchair or scooter
- Lightweight manual wheelchair
- Spare catheters

Vision Loss

Whether from blindness or low vision, moving through unfamiliar environments during an emergency may be difficult for some, so it is important that the following be considered:

- Have a long cane available.
- Mark all emergency supplies with fluorescent tape, large print or braille.
- Mark gas, water and electrical shutoff valves with fluorescent tape, large print or braille.

Include in your survival kit, if needed:

- Talking or braille clock, large print timepiece with spare batteries
- Extra vision aids such as glasses, electronic travel aid, monocular, binocular, magnifier.
- Any reading devices such as portable CCTV devices

Hearing Loss

- Keep extra pens, pencils and paper handy.
- Obtain a pager that is connected to an emergency paging system at your workplace and/or home.
- Install smoke detectors that include flashing lights or vibrators.
- Keep a laminated card on your person explaining how to communicate with you.

Survival kit extras:

- Writing paper, pens, pencils
- Flashlight, whistle or something to make noise with
- Pre-printed key phrases
- Assistive devices such as hearing aid, pager, personal amplifiers, extra batteries
- Portable visual devices allowing you to know if a person is knocking on the door, ringing the doorbell or calling on the telephone
- A CommuniCard, available from The Canadian Hearing Society

Non-visible Disabilities

There are many non-visible disabilities such as mental health, learning, epilepsy, diabetes, dependency on dialysis and others. Please consider the following, if applicable:

- Prepare easy to understand instructions for yourself to be used during an emergency and keep an emergency contact list of people aware of your special needs with you.
- Inform your support network where you store medication.
- Use pen/pencil and paper or a recording device to keep track of instructions provided during an emergency.
- Wear MedicAlert identification.

- For people with multiple sclerosis: symptoms may become worse if you are affected by heat and humidity, be prepared to stay cool and dry.
- For those with diabetes: keep frozen water bottles or ice packs in your freezer, have an insulated bag or cooled thermos ready to store insulin.

Where needed, consider the following for your emergency kit:

- Extra medication, syringes, insulin pens, small container for used needles, glucose test kit, fast-acting insulin or sugar, food appropriate to your needs.

Seniors

- Contact your local municipal office to inquire about any programs or services designed to assist seniors during an emergency.
- Keep an emergency contact list with names and phone numbers of physicians, case worker, seniors group contact, neighbours, building superintendent, on-site doctors and nurses plus hours available, etc.
- Be familiar with all escape routes, emergency doors and exits.
- Know the locations of emergency buttons.
- Make sure all necessary equipment and devices come with you during an evacuation.

Emergency Kit considerations:

- Food appropriate for any special needs or diet
- Copies of all prescriptions
- Extra dentures and cleaner

Be Aware and Be Prepared

- Every emergency situation is different. Use your best judgment and adapt to changing conditions without putting yourself or others at risk.
- Visit the Emergency Management Ontario website at www.ontario.ca/emo where you can find any current emergencies, more tips and a downloadable guide in various languages or call 1-877-314-3723
- Learn about your local emergency management programs. In London, this can be found online at www.london.ca/emergency and www.healthunit.com

Other useful websites:

- Environment Canada: www.weatheroffice.ec.gc.ca
- Safe Canada: www.safecanada.ca
- Canadian Red Cross: www.redcross.ca
- St. John Ambulance: www.sja.ca
- Salvation Army: www.SalvationArmy.ca



The Independent Living Centre London & Area

433 King Street, Suite 101
London, ON N6B 3P3
Tel: 519-660-4667, Fax: 519-660-6818
Website: www.ilcla.ca

Minutes of Policy Sub Committee Meeting

Tuesday November 15, 2011

- Kate asked if the sub-committee would (over the next 2 years) help with designing some training materials for the Integrated Standard.
- This training might entail another video, and could be general or tailored to specific areas.
- We enthusiastically agreed to provide assistance when asked.
- The Committee will continue to meet with Kate to discuss specific issues related to the standards as they arise.
- In January we will be discussing creating materials in accessible formats.

Policy Committee Objectives

Over the next four years, the Policy Sub-Committee will:

1. Engage with Advisory Committee in a dialogue concerning long-term policy goals, objectives and priorities.
2. Continue to work with the City to assist in the development of the Accessibility for Ontarians with Disabilities Act, 2005 (AODA) policies, procedures, practices and training for staff, particularly for the new Integrated Standard as its various components take effect over the next several years.
3. Undertake a review of City Bylaws, Policies and Procedures when issues are identified to the Sub-Committee by the Advisory Committee, city staff, or members of the public.

Education and Awareness Sub Committee
January 11, 2012

18th Annual Empowerment and Action Day
Active Living – October 24, 2012

Present: Michael Dawthorne (Chair), Kash Husain, Antoinette Dona, Kimber Bogema,
Rob Campbell, Rachel Buttigieg, Peninah Mutinda

Regrets: Bonnie Quesnel, Renee MacLachlan, Laurie Quinlan

1. Conference program

- This year's theme is active living – getting out and enjoying life
- Last year's feedback was generally positive, however many felt the material was 'heavy' or 'dry'. Given this year's theme it was felt we should lighten things up. This could be accomplished through the choice of keynote speaker, active demonstration or workshops, and music (suggested each session be titled/themed around a song – Kash suggested "Livin' la Vida Loca" as a conference theme song)
- Potential session topics include: Travel (local and remote), Cooking/foodskills, Budgeting and life planning, accessible transportation, Self-advocacy, Personal safety, the Arts (dance, music, etc), Dating and sexuality, Active sports, civic and community involvement, life-long learning, and kids at play

ACTION ITEM

- We need to develop our brief conference blurb for use on the posters, marketing and in the Spectrum magazine. Key words could include: active, independence, freedom and dignity. This will be formalized at the next meeting and brought to the committee of the whole on January 26, 2012

2. Marketing

- Discussed need to plan early
- A request was made to the city to permanently add a conference page to the ACCAC website. Once up a 'hold this date' version of the conference poster can be put up.

ACTION ITEMS

- Compile a listing of marketing opportunities that are no cost
- Check with the city as they routinely promote events

3. Local Arrangements

- Four Points has reserved the same conference space as previous 2 years for us on October 24, 2012

4. Registration, Access and Accommodations

- Spectrum (Parks and rec) has endorsed our use of their online registration again this year
- Cost will remain unchanged meaning no bylaw amendments will be needed this year

Education/Conference Committee Meeting

January 25, 2012

Present: Michael (Chair), Cindy (Secretary), Kash, Bonnie, Antoinette

Regrets: Renee, Kimber, Rob

There were two items missing from the previous minutes, they were not on the ACCAC agenda for the meeting on January 26th. We are not sure if these motions went forward to council, but presumably, they have not. These were:

1. Registration – we need to write, and submit, and have council approve, that the Spectrum will do the registration. These needs to be done ASAP to get into the appropriate Spectrum booklet.
2. Formal request to have a 5th page added to the ACCAC web site; this will be a continual page for the conference. At given times, items can be added. This will eliminate last minute rushing and important information being added much too late. For example, the poster with 2012 date and Conference name will be on there. Keynote speaker and workshops will be added later. In July, for example, we can add hotel, bus routes, etc. This needs to be brought forward again to the ACCAC meeting on January 26th and be completed as quickly as possible. This will be discussed with Phillipa.

The minutes from the last Conference committee meeting, January 11, were not on the ACCAC agenda. Michael will print and bring them to the meeting tomorrow.

Suggestion: We will look at the council minutes for December and see if 1 and 2 are there, although, ACCAC would have received a letter if so.

Today's agenda:

1. Blurb – We need to move forward with all components. The phrase should make reference to “disability. We need to say something like, “an opportunity for those with a disability to live a full, active, independent and healthy life.” The blurb will then provide general topics for our workshops and demos (travel, cooking demos for example), such as health and fitness and nutrition, travel, life-skills which would include budgeting, and a wealth of other options. We need to encompass this into the Spectrum as well.

Minutes of the City of London AAC Policy Sub-Committee Meeting

January 17, 2012

Robin Armistead attended the meeting and asked the committee to review the two forms that are presently available on the website, which might be used by people to offer feedback on accessibility issues or concerns. Besides these forms, people can (and frequently do) send email to Robin, which she directs to the appropriate person or department.

As the city streamlines its customer service procedures, at some point in the future it is hoped that all the present feedback mechanisms will be combined to make the process more efficient. In the meantime, Robin asked that the sub-committee review the forms and suggest additions or changes that we think could make them more useful.

The City's Accessible Parking bi-law was discussed. The present wording was reviewed and some puzzlement was expressed regarding the challenges of enforcing it that have been expressed by city staff.

To help us better understand this issue, it was agreed that Avril would contact Shane Maguire and invite him to attend the February Policy sub-committee meeting.

Next Meeting: February 21, 2012, 4:30 p.m.

Hearings Room, City Hall, Lower Level