





Program Milestones

2009 1000÷ Youth Served 2010 YouthLine Award 2013 Diversity, Race Relations & Inclusivity Award

...But Don't Take My Word For It...







Questions?

- Local Resources
 - -GSAs
 - -RHVP (Report Homophobic Violence Period)
 - -Hate Helpline
 - -Anti-Hate & Anti-Bias Program
 - -Spectrum Fanshawe
 - -Pride Western
- Provincial Resources
 - -YouthLine

Thank You

For follow up questions/inquiries, please contact:

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LDRRAC Visioning Session – Action Plan Recommendations

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Review LDRRI Award protocols to determine if recommendation is desired for additional recognition of all nominees	Develop recommendations to increase LDRRAC awareness of community organizations supporting diversity and inclusion (e.g. may include continuation of speaker series in some capacity)	Develop recommendations for broad education/information to the community to raise awareness of diversity and inclusion issues	Develop recommendations to increase community visibility and understanding of LDRRAC	Develop recommendations for two-way communication between LDRRAC and the community (e.g. soliciting/providing mechanisms for community to provide input, increase awareness of City news and events)	Add to the orientation content, an explanation of the recruitment of LDRRAC members	Develop procedure and template for the creation of annual work plans (incorporating vision to have LDRRAC involved in more purposeful work and recommendations to Council)	Develop recommended metrics for measuring success of LDRRAC	LDRRAC and methods of forming linkages	structure, agencies, boards and commissioners could benefit from increased connection with	Request that sub-committees brainstorm which areas of the City of London cornorate	conduct inventory of sub-confinittee membership — effcourage all LDRRAC members to	update from all members or scheduled presentation rotated amongst members	Propose to LDRRAC to add agenda item called "Current Climate", with either an open floor	agenda, member attendance, communication with/from Committee Secretary)	 Obtain clarity on the role of the Chair/Vice-Chair (e.g. creation and approval of 	not been reached	 Can presentations scheduled for the beginning of meetings start even if quorum has 	Can the Committee Secretary record if members arrive late, as well as the general	Explore the following with the City Clerk's Office:	Action Item
Awards & Recognition Sub- Committee			1.00	Education & Awareness Sub- Committee					Committee	Policy and Planning Suh-			and the second of the second o		2		ŧ		Chair/Vice-Chair	Responsibility
2	*		4			100		- The second of												Timeline

LUSO Community Services invites you to participate in the 1,000 Acts of Kindness Challenge!

This year's theme is

Kindness Connects!

Fun starts

October 1, 2014!

Register events and acts at

www.1000acts.ca

One of the many characteristics of a strong, healthy community is that people work together to resolve conflicts. One of the ways LUSO Community Services does this is by organizing the annual 1,000 Acts of Kindness Campaign.

One generous act at a time, we can play a role in eliminating hate in our London community by spreading kindness!

I would like to personally invite you and your organization to participate in this year's 1,000 Acts of Kindness challenge, themed Kindness Connects!

There are countless ways to get involved! Here are some ideas:

- Host a clothing/food drive at your organization.
- Write a sincere thank-you note to someone you appreciate.
- Carpool or pick up litter as an act of kindness to the earth.

Take simple actions and steps each day to bring our community closer together.

Contact Dunia Hamou, the Anti-Hate and Anti-Bias program coordinator at LUSO Community Services, at stophate@lusocentre.org if you would like to organize a brainstorming session with your organization, or to collaborate on an event!













The 1,000 Acts of Kindness Challenge 2014 Kindness Connects!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
			1 Kindness Connects	2	3	4		
			Generations!					
5	Appreciation Day!	7	8	Thoughtful Thursdays	Kindness is the Currency!	International Day of the Girl: Kindness Connects Through Inspiration!		
12	13	Tuesday Surprise!	15	World Food Day!	17	18		
19 Scavenger Hunt: Kindness Expedition	20	Children's Hospital: A Stitch in Time	22	Thoughtful Thursdays	24	25		
26 Baby Day!	Final Day to Drop off Costumes	28	29	30 Costume Give Away	31			

Contact the Anti-Hate and Anti-Bias Program Coordinator for information on any of these events, or to have your event added to the calendar!

Email: stophate@lusocentre.org

Event Descriptions

Oct 1 - Kindness Connects Generations

This will be the kick off for the month-long campaign!! Morning event at Cherryhill Village Mall from 9:00am to 12:00pm will feature snacks, crafts and activities, including opportunities to be kind in an environment that is conducive to intergenerational learning and enjoyment!

Oct 6 - Appreciation Day

Appreciate your fellow community members! Collect thank you cards (store-bought or handmade!) and give them to those who may be underappreciated today! Every act of kindness has a ripple effect!

Oct 9 - Thoughtful Thursdays

Look out London! There will be a thoughtful cookie delivery to an organization in that serves our community and does kindness every day!!

Oct 10 - Kindness is the Currency!

Come out to the Masonville Market and join LUSO and The Purple Moose Sock Company for a day of interactive, kind activities that connect you to your community and more!

Oct 11 - International Day of the Girl

Victoria Park will be home to International Day of the Girl: Kindness Connects Through Inspiration on October 11th, 1-4pm. Come learn about the inspirational women of London's history and find out how you can create kindness through inspiration!

Oct 14 - Tuesday Surprise!!

Look out London!! Just like Thoughtful Thursdays, there will be a super special Tea delivery to an organization/group of people that serves our community and does kindness every day!!

Oct 16 - World Food Day

Plenty of opportunities to do kindness on this day! World Food Day should inspire us to share food and do various acts of kindness, such as pay for someone's drink, share a snack or offer a free meal!

Oct 19 - Scavenger Hunt: Kindness Expedition

Participants will compete in an interactive scavenger hunt in the downtown core of London, performing and documenting their acts of Kindness using #1000acts on Twitter. Limited spaces! Register with stophate@lusocentre.org.

Oct 21 – Children's Hospital (A stitch in time)

The Beacock Library Knitters have been hard at work for weeks knitting hates and socks for children spending time at the Children's Hospital! Some of the Knitters will be venturing to the hospital to deliver their kind gifts, do some finger knitting activities and do some intergenerational bonding!

Oct 23 - Thoughtful Thursdays

Look out London! There will be a thoughtful fudge delivery to an organization in that serves our community and does kindness every day!!

Oct 26 - Baby Day!

Help us support children in need! Organize a diaper, baby formula, and baby food drive so that we can deliver these much-needed resources to local organizations that offer emergency support for families on Baby Day

Oct 30 - Costume Giveaway at Portable

After a month long collection of Costumes at various community service agencies, the LUSO Community Services Basic Needs and Community Support program will be distributing costumes to kids at the Basic Needs Portable outside Lord Elgin Public School from 8:30am-12pm.

