



Canadian Association of Public Health Dentistry  
Association canadienne de la santé dentaire publique

January 19, 2012

Civic Works Committee  
London, Ontario

Dear Civic Works Committee,

The health of Canadians has improved significantly over the last 100 years and most of this improvement is attributable to advances in public health. There are various public health achievements that led to this remarkable feat. The fluoridation of drinking water has been recognized as one of these remarkable achievements by the Centres for Disease Control (CDC) in the United States and by the Canadian Public Health Association (CPHA).

There are many opinions and positions about community water fluoridation. As an organization dedicated to dental public health in Canada, the Canadian Association of Public Health Dentistry (CAPHD) promotes the use of scientific evidence. Below is list of web-resources in support of water fluoridation from national and international experts who have carefully weighed the evidence.

- **National/International Support for Water Fluoridation:**  
<http://www.caphd.ca/programs-and-resources/resources-for-professionals-flourides>
- **Health Canada's Findings and Recommendations of the Fluoride Expert Panel (January 2007):**  
<http://www.hc-sc.gc.ca/ewh-semt/pubs/water-eau/2008-fluoride-fluorure/index-eng.php>
- **University of York: Systematic Review on Water Fluoridation (2000):**  
<http://www.york.ac.uk/inst/crd/fluores.htm>
- **Center of Disease Control Information on Water Fluoridation:**  
<http://www.cdc.gov/fluoridation/index.htm>
- **Australia's National and Medical Research Council's Systematic Review on Fluoridation:**  
<http://www.nhmrc.gov.au/guidelines/publications/eh41a>

We recognize the benefits of community water fluoridation and, based on this current evidence, recommend it as a safe, effective and economical public health measure. It generates the most difference in communities with high rates of tooth decay. In addition, community water fluoridation is indispensable when it comes to improving the oral health of disadvantaged populations.

- **CAPHD Water Fluoridation Position Statement:**  
<http://www.caphd.ca/advocacy/position-statements>

Sincerely,

Dr. Gerry Uswak, CAPHD/ACSDP President  
Dean, College of Dentistry  
University of Saskatchewan  
Room 331 Dental Clinic Building  
105 Wiggins Road  
Saskatoon, Sk, S7N 5E4  
Tel 306 966.5122 email: [gerry.uswak@usask.ca](mailto:gerry.uswak@usask.ca)