

Conrad K. Odegaard

From: "Conrad K. Odegaard"

Subject: January 25 PPM re fluoridation request for delegation status

1. prepared for submission by 9:00 a.m. Monday January 16, 2012 of remarks to be made on Wednesday January 25, 2012.

2. My name is Conrad K. Odegaard, my address is

40 Linwood St.,

3. I have a Master of Engineering degree from U.W.O. (1974) in environmental engineering.

4. I declare that I am not a happy camper having this medication in my tap water and am an unwilling guinea pig in this experiment.

5. I bring 5 items to discuss in relation to this question:

The book "Nutrition and Physical Degeneration" by Weston A. Price, D.D.S., copyrighted 1939 and 1945. 6th edition ('The Dr. Price book');

The quarterly journal from The Weston A. Foundation entitled "Wise Traditions in Food, Farming and the Healing Arts" Vol. 12, No. 4, Winter 2011, received here by post on January 11, 2012, and available on-line @www.westonaprice.org. ('the quarterly');

The pamphlet "Lifesavers Guide to Fluoridation" by John Yiamouyiannis, Ph.D. 1993 ('the pamphlet');

The book "The Grim Truth About Fluoridation" by Robert M. Buck, copyright 1964 and published by G.P. Putnam's Sons, New York ('the Mr. Buck book'); and

The book "Fluoridation" by F.J. Maier published in 1972 by the CRC Press, a division of The Chemical Rubber Company ('the Mr. Maier book').

6. If indeed the purpose is to reduce cavities, then I refer you to page 3 of the quarterly and the letter headed "IT REALLY WORKS!"

"I wish you all could have seen the look on the face of my eight-year-old daughter's dentist when we came in for a checkup and she discovered that three cavities that I refused to have filled months ago had remineralized! The dentist's exact words were: 'These teeth have hardened over...I don't understand how this could have happened...What are you doing differently?' The dentist says she knows of Dr. Price but had never met anyone following his diet. She was in complete shock."

"The diet we have been following for my daughter includes fermented cod liver oil and high-vitamin butter oil, whole raw milk and cheese, plenty of butter on sprouted bread, eggs from local pastured hens, fresh organic fruit, bone broth, plenty of seafood, lacto-fermented foods, sprouted grains and legumes and unrefined sea salt."

"...My daughter has had nineteen fillings, six root canals with caps and crowns, and five extractions in her short life...She is living proof that this diet and all of the amazing information you provide really works!"

7. In the Dr. Price book there is a picture of a remineralized tooth at page 287.

8. As for the topic of the harm from fluoridation, the pamphlet is one piece of paper which due to folding, has 5 pages of questions and answers with a sixth page of fine print which specifies two hundred and thirty five (235) scientific references. This pamphlet is almost twenty years old and undoubtedly there is an even larger body of information now than that assembled by this (late) international expert on the biological problems of fluoride.

Dr. Yiamouyiannis spoke at the Consumer Health Conference in Toronto and his informed contribution may be found at the consumer health website in the article section for January 1998 (Vol. 21, No. 1) entitled "Fluoride, The Silent Killer".

In this article, he writes "In 1977 we had full blown Congressional Hearings, and Congress stated: 'We can no longer assure the American public that fluoride does not cause cancer'".

9. Mr. Buck's book, while almost 50 years old, is a surprising store of pertinent information. Pages 124 to 128 describe a situation where a Mr. Eugene Albright, a board member of the Citizens Committee Against Fluoridation for Western Pennsylvania" due to a glib reply from the medical person, a Dr. Grace, "The whole question is who do you want to believe; the U.S. Public Health Service or those who are voicing their private opinion?" – prompted him to reply with several pages of "I BELIEVE's" which included the opinions of many experts including the following two:

"I BELIEVE the resolution adopted (April 12, 1958) by the Association of American Physicians and Surgeons (comprised of 15,000 members of the American Medical Association) which condemns mass medication (fluoridation) and the use of drugs (fluorides) to treat public water supplies."

The question needs to be asked whether any similarly competent authority has adopted a resolution countering this.

"I BELIEVED Dr. H. Trendly Dean, known as the 'father' of fluoridation, an ex-director of the National Institute of Dental Research, a 'research arm' of the Public Health Service, when he admitted UNDER OATH in court (Chicago, Ill., injunction suit, May 1960) that his charts and figures, which constitute the 'scientific basis' for fluoridation are INVALID according to his own criteria, thus shattering for all time the FOUNDATION of this HOAX that Dr. Grace, Pennsylvania dental director, is promoting." (capitals original).

The Maier book, although published in 1972, presents Dr. Dean's work from the 1930's including (p.14) "He was finally able to say, after studying his data arranged somewhat as shown in Table 3, that 'evidence is presented that amounts of fluoride not exceeding one part per million are of no public significance.'" Other details of the early science presented in the Maier book are embarrassing, but of significance, this marks the end of discussion by engineers as to the biological effects of fluoride.

10. Dr. Price, in Chapter 24, "FLUORINE IN PLANT AND ANIMAL GROWTH" (running from page 454 to 458) presents two contemporary (1944) studies concerning topical application: the first shows a decrease in caries, the second emphasizes the "extreme toxicity" and that "it is one of the violently poisonous elements"

11. On page 455, "In my studies of primitive races in many parts of the world and in many stages of loss of immunity to dental caries, many groups had not changed their location or made changes in their local environment. The water supply, whether from a mountain stream or a well, had remained the same." He discussed changes in diet and then wrote "As I have shown in previous chapters, the increase in dental caries averaged about 30 fold."

12. On page 457, Dr. Price reported on his research with sprouting corn seeds using varying amounts of sodium fluoride, and found that the toxic effect was very greatly reduced when calcium and phosphorous were added to the fluid. He experimented with rats and noted organ mineral level changes.

13. On page 48 of Mr. Buck's book, he notes that "But now the Canadian scientists [NRC~1963][~20 years later] discovered something that had been overlooked. In the United States, most naturally fluoridated waters are hard waters containing elements (as many as 500 parts per million of other chemicals) that may produce a protective mechanism that reduces the fluoride absorption into the digestive system and hence its accumulation in the bones, by uniting with the fluorides and carrying them out the digestive track as normal body wastes."

He continues "The implication seems clear that the artificial fluoridation (of soft water) results in far greater accumulation in the bones of the human skeleton." London has soft water.

14. In Mr. Maier's book, on page 53, the final reference is "Quimby, F.H. and Bennett, C.C., Fluoridation: a modern paradox in science and public policy, Congressional Research Service, Library of Congress, February 1, 1972." My dictionary's pertinent definition of "paradox" is "self-contradictory or essentially absurd statement".

I admire the succinctness of the authors' choice of title to name the transcripts of three sets of Congressional hearings. Also, one week from to-day (February 1, 2012) will mark precisely forty years from their original publication. Recall also from Dr. Yiamouyiannis the major 1977 hearings.

15. I declare that I am in favour of water purification but would suggest healthy and efficacious oxygen instead of problematic chlorine. This declaration is pertinent to the following quote from the Maier book:

16. "THE FUTURE, Fluoridation," (p.49)
"A former Surgeon General of the U.S. Public Health Service has stated, 'The four horsemen of public health are the pasteurization of milk, the purification of water, immunization against disease, and controlled fluoridation.'"

17. I commiserate with Mr. John Simon, whose job to submit the report ordered by his superiors was done in the context of a wide understanding of his lack of expertise in the field being discussed. I also am not proud of the chain of command above him who avoided responsibility.

18. I invite consideration of these four horsemen. Much evidence of science in the four areas is being ignored.

19. The paradox that was modern in 1972 is still modern in 2012.

20. In Mr. Buck's book on page 75,
"But by that date [1955] organized opposition had developed and 500 cities and towns, comprising 40,000,000 people had either initially rejected fluoridation or abandoned it after trial. These rebelling communities had an average population of 80,000 each. Population-wise they were more than three times the importance of the hamlets with a sprinkling of, mostly, lesser cities that 'took fluoridation lying down'."

"And a large majority of those rejections were by referendum, proving that Dentist Frank Bull at least knew his political onions when he told the fourth annual conference of his fellow state dental directors in 1951:

'If you can - I say if you can because five times we have been unable to do it - keep fluoridation from going to a referendum.'"

