

# City of London - Application for Appointment to City of London Community Advisory Committees

## Application

Committee you are interested in serving on: **Environmental Stewardship and Action Community Advisory Committee**

## Contact Information

Name: **Amy Ford**

City: **London**

Province: **ON**

Postal Code: **N6J3W1**

## Experience and Qualifications

If you have experience on a London Advisory Committee, please provide dates and details. (max. 250 characters):

**I have not served on a London Advisory Committee before. I do sit on 2 Board of Directors which has given me great experience.**

What do you hope to contribute or learn as part of a Community Advisory Committee? (max. 250 characters):

**I hope to advocate for food and health systems in the ways they are impacted by, and contribute to, climate change. And to make meaningful change, since the effects of climate change disproportionately effect communities that already experience marginalization.**

How will you support the work of a Community Advisory Committee? (max. 250 characters):

**I will get oriented and connect myself well with the expectations and scope of the role. I will take preparations and follow up actions seriously and set aside appropriate time to complete them. I will keep this lens in all the work - paid and volunteer - that I do, to find interconnections and alignment.**

We value the contributions of Londoners with diverse experiences and welcome applications from individuals who share our commitment. Please describe how your work, community or lived experience will enhance these efforts through Community Advisory Committee work. (max. 3000 characters):

**I am currently the Climate Program Manager at Nourish Leadership, a national nonprofit working to improve food and health systems for improved communities and planetary wellbeing. I sit on the Board of Directors for Urban Roots London and Ark Aid Street Mission - both staple organizations in London doing good work to address (not solve) food insecurity. I was previously the food & nutrition coordinator at St Joseph's Health Care London where I worked for almost a decade.**

Please describe additional experience, training, or community involvement that will help you in your role as a Community Advisory Committee Member. (max. 250 characters):

**I also hold an MBA and BSc in Nutrition (from Western) as well as 3 training courses: San'yas Indigenous Cultural Safety, University of Alberta's Indigenous Canada, and Food is Our Medicine. I believe a lens of reconciliation and decolonization is key in this work.**

Attach resume or other document here, if needed: **Amy Ford Resume .pdf**

Attach more files here, if needed:

## Confirmations

I declare the following: **I am at least 18 years old.; I am not a City employee or Council member.; I understand that the commitment may be up to 4 hours per month to attend meetings and prepare.; I understand that my application and any attachments will be included on a public agenda that is published on the City website.**

To help inform our outreach activities, please tell us how you heard about this opportunity:  
(optional): **Word of mouth**

If you selected 'Other', please specify:

Submitted on: **6/28/2023 5:40:28 PM**

# Amy Ford

London ON N6J3W1

Improving our community and planetary health through the power of food

## EXPERIENCE

### Nourish Leadership

**Manager - Climate Program Feb 2023 - Present**  
Design, implement, lead, and evaluate the Planetary Health Menus program - supporting 100 hospitals in climate-friendly food decisions by 2025

### Ark Aid Street Mission

**Director — Operations** Nov 2022 - Feb 2023

Oversee finance, administration, volunteer coordination, communications, logistics, inventory, facilities and housekeeping.

**Manager — Food and Nutrition Services** Sept - Nov 2022

Oversee a group of chefs, volunteer coordinators, fleet drivers, and provisions staff, using a very limited budget, to provide 300+ daily meals to street-level community members with a focus on caloric-density, food safety, client satisfaction, and relationship building.

### St. Joseph's Health Care London

**Coordinator — Food and Nutrition Services** Feb 2015- June 2022

Oversee a group of 80+ to provide daily meals to over 300 patients and residents with a focus on quality, food safety, nutritional parameters, adherence to budget, and policy compliance.

**Preceptor — Students of Brescia University-College, Fanshawe College, LHSC Internship Program, and more**

**Project Lead — Nourish Leadership**

**Supervisor — Food and Nutrition Services** June 2013 - Feb 2015

## EDUCATION

## SKILLS

Written and verbal communication

Team building

Project management

Community engagement

Mentoring

Public relations

## AWARDS

**President's Award of Excellence for Community Volunteerism (2019)**  
St. Joseph's Health Care  
London

**Local Food Champion Award (2021)**  
Middlesex-London Food  
Policy Council

## TECHNICAL SKILLS

Microsoft Office, cloud-based word processing, etc., e-mail, presentations, basic graphic design, social media, basic photo and video editing

Ability to learn new skills and software

**Strayer University, Washington, DC (distance) — M.B.A.**

JULY 2018 - JUNE 2021

Executive healthcare stream; 4.0 GPA; Dean's Honors List.

**Western University, London, ON — Hon. Bachelor of Science**

SEPTEMBER 2005 - APRIL 2009

Food and Nutritional Sciences, major in Food and Beverage Management

**Other**

Indigenous Canada, University of Alberta, 2021

Food is Our Medicine, 2021

San'yas Indigenous Cultural Sensitivity Training, 2018

and more

**VOLUNTEER**

**Board of Directors - Urban Roots London**

March 2023-present

**Vice-Chair, Board of Directors — Ark Aid Street Mission**

January 2022 - present